

**Grand Forks Middle School Track Meet
"Twining Classic"
May 4, 2018**

SCHEDULE OF EVENTS

In all running events, the 7th grade will compete first, followed by the 8th grade. Girls will compete first followed by the boys at each grade level. In some instances of lower numbers in the longer running events boys and girls may run in the same race, but are timed and awarded places separately.

Running Events

1. 200 Meter Hurdles
2. Medley Relay
(100, 100, 200, & 400 meter)
3. 100 Meter Dash
4. 800 Meter Relay (4x200 meter)
5. 1600 Meter Run
6. 400 Meter Dash
7. 400 Meter Relay (4x100 meter)
8. 100 Meter Hurdles (Girls)
9. 110 Meter Hurdles (Boys)
10. 800 Meter Run
11. 200 Meter Dash
12. 1600 Relay (4x400 meter)

Field Events

All field events will be called over the Public Address System. Please listen for your event.

Event	1st	2nd	3rd	4th
Shot Put	8 th B	7 th B	8 th G	7 th G
Discus	8 th G	7 th G	8 th B	7 th B
Long Jump	7 th B	8 th B	7 th G	8 th G
High Jump	7 th G	8 th G	7 th B	8 th B

*Please note for the shot put we will use the 6-pound shot for girls and 4K for boys.
Discus & shot takes place east of the bleachers.

****Starting time is approximately 3:15 pm
for the first events****

Buses should unload at the south gate.

**Grand Forks Middle School
"Track Assignments"**

Lane Assignments (Timers)

1. South Middle School (Rod)
2. Schroeder Middle School (Justin)
3. Twining Middle School (Dave)
4. Valley Middle School (Steve)
5. South Middle School (Theresa)
6. H-CV
7. Devils Lake
8. Park River

Field Event Assignments

Shot Put- Valley (John) & Schroeder (Molly)

Discus- South (Leah) & Schroeder (Rena)

Long Jump- Twining (Beth), South (Bailey) & DL
Valley (David), Park River, & H-CV

High Jump- Valley (Dave) & Schroeder (Dan)

Meet Management Responsibilities

Starter- Schroeder (Brian Strom)

Recorders- South (Randy Votava)

Recorders- Valley (Kaia Lunde)

Clerk of Course- Valley (Dan Carlson)

Scoring- Schroeder (Team managers)

Public Address- Schroeder (Jeremy Cebula)

Results- Schroeder (Jeremy Cebula)

Ribbons- South (Travis Neal)

Schools participating today: GF Schroeder, GF South, GF AFB
Twining, GF Valley, Hillsboro-Central Valley, Devils Lake, &
Park River

Grand Forks Middle School Track Schedule

Fri, April 27 (@ Cushman 3:15 pm)	Valley Early Bird
Fri, May 4 (@ Cushman 3:15 pm)	Twining Classic
Thurs, May 10 (@ EGF Senior High 3:30 pm)	EGF
Fri, May 18 (@ Cushman 3:15 pm)	South Relays
Mon, May 21 (@ Cushman 3:15 pm)	Schroeder Invitational
Thurs, May 24 (@ Cushman 3:15 pm)	Grand Cities Championship